Sun

Hercólubus

Earth

HERCOLUBUS OR RED PLANET

V. M. RABOLÚ

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RED PLANET

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"HERCOLUBUS OR RED PLANET"
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INTRODUCTION

Writing this book was a great sacrifice for me, lying in bed unable to stand or sit up but, seeing the necessity to warn Humanity of the impending catastrophe, I made a great effort.

I dedicate this message to Humanity as a final resort, because there is nothing else to do.

V. M. Rabolú

HERCOLUBUS
OR
RED PLANET

Humanity is fascinated by the predictions of those wrongly called scientists, who do nothing else but fill the world with lies, distorting the truth. Let us talk about Hercólubus or Red Planet, which is approaching the Earth.

Scientists, according to some versions, have even weighed it and measured its diameter, as if it were a child's toy, but it is not like that. Hercólubus or Red Planet is five or six times bigger than Jupiter. It is a huge giant and there is nothing that can stop or divert it.

People of the Earth believe it is a toy, but in reality it is the beginning of the end for

Planet Earth. It is already here. The other worlds in our solar system know this and there exists great desire among them to offer us some help, in order to avoid the catastrophe, but nobody will be able to stop it, because this is the punishment we deserve, so as to put an end to so much evil.

I make known that Hercólubus is a creation, just like our world. It is inhabited by its own Humanity, as perverse as ours here. Every planet, every world, has its own Humanity. Los señores scientists should not believe that they can attack and destroy this planet, because there they also have their weapons with which they can respond and destroy us in an instant. If they are attacked, they will defend themselves and the end would be far quicker.

What happens is that, in the coming and going of life, everything returns to its beginning or to its end. The same thing happened on the Continent of Atlantis, but to a lesser

degree. As history repeats itself, our planet would not even be able to bear the other one passing very close to it without the possibility of blowing into pieces. Los señores scientists ignore this, because they consider themselves extremely powerful with their weapons, capable of destroying such a giant, but they are very wrong.

What is going to happen shortly is the destruction of the famous "Tower of Babel" which they have built. They have already finished it and now the negative consequences for all of Humanity are upon us.

Scientists can deny this with their theories, just as they are doing now and have always done so, distorting the truth because of their pride, vanity and desire for power. They will laugh like braying donkeys, because they are incapable of weighing the consequences of their actions. They have plagued the planet with atomic bombs, in order to take control of it, without consider-

ing the existence of God and his Justice, who will crush everything. You cannot talk to beasts about God, because they bray and deny his existence with their actions. They believe they are gods, but it is not like that.

These false powers, as they are called now, will finish in ruins both economically and morally, because money will disappear within a very short time and hunger and misery will finish them off. They will not be able to withstand a single blow and they will be petrified with fright and terror. They will then truly realise that Divine Justice exists to punish perversity.

What is happening now is that the whole world is busy making money at all costs, exactly as occurred in Atlantis, where money was the god of that age, represented in religions by a golden calf.

Likewise in this age, money is the god and this is completely wrong.

The rich, who vaunt their power so much, will be the most unhappy, because it will be no use having great quantities of money when there will be nobody to sell to them and nobody to buy from them. They will fall on their knees and cry, begging for a plate of food and howling like dogs.

When Hercólubus gets closer to the Earth and assumes a position next to the Sun, deadly epidemics will begin to develop and spread all over the planet. Neither doctors nor official science will be able to identify these types of diseases or find a cure. They will be helpless in the face of such epidemics. Life will start to disappear from our planet and it will be then that Humanity will have to eat the corpses of its own kind, because of the overwhelming hunger and the unbearable heat.

Then will come the moment of tragedy, of darkness: tremors, earthquakes and seaquakes. Human beings will become mentally

unbalanced, because they will be unable to either eat or sleep and, seeing the danger, they will throw themselves en masse over the precipice, completely insane.

This race will disappear. No life will be left on the planet and the land will sink into the ocean, because Humanity has sunk into the greatest perversity and already wants to transmit the evil to other planets. This will not be allowed.

Scientists and the entire world are panic-stricken, even though the destruction has not yet started, but the fear of God does not exist in any being on Earth. They believe they are masters and lords of life, that they are powerful, but now they will see that there is indeed a Divine Justice, which judges us according to our deeds.

What I am affirming in this book is a very short-term prophecy, because I am certain about the end of the planet. I know it. I

do not want to frighten you but only warn you, because I am in agony over this poor Humanity, as events will not wait and there is no time to waste on illusory things.

ATOMIC EXPERIMENTS AND THE OCEAN

We are at a dead end.

We have already talked somewhat superficially about Hercólubus, without going into a lot of depth, so as not to frighten, not to alarm people. Let us now look at another deadly and destructive danger, which no one will be able to stop. It is the atomic experiments in the ocean.

There are large, very deep cracks on the seabed, which are already in contact with the fire of the Earth. These are due directly to atomic experiments being carried out by scientists and powers that believe themselves to be powers, without weighing the consequences of the atrocities they have commit-

ted, and continue to commit, against both the planet and Humanity.

The fire of the Earth has already started to make contact with the water and cyclones have started to appear, which los señores gringos call the "El Niño" phenomenon. It is not "El Niño", but the contact of the fire of the Earth with the water, which is spreading through the ocean. In accordance with the crack, seaquakes, earthquakes and other terrifying things will occur in the water and on land and there will be no coastal city, which will not be swept away; and the sinking of our planet into the ocean will begin, because the axis of the Earth has already shifted as a result of all the experiments, which are being carried out.

The axis of the Earth is already out of position and with the tremors, earthquakes and seaquakes it will shift completely and the sinking will come. Do not think, my esteemed reader, that the planet is going to sink all of a

sudden. This is a long, slow, agonizing, painful process, which Humanity will have to undergo. The planet will sink into the ocean piece by piece until it comes to its end.

Los señores scientists do not take into consideration the atrocities they have committed against Creation, because they will be victims of their own inventions. Sea monsters, savage beasts, fed on atomic energy, already exist in the depths of the sea and the warming of the waters will force them to come out and seek refuge. They will reach coastal cities and destroy everything: houses, buildings, ships and people, because these savage beasts, having gestated on atomic energy, are themselves atomic. Because of this, our "three-dimensional" bullets will not be useful for anything other than infuriating them even more. What I am stating will happen soon.

And this is not all. The boiling of the waters of the sea with the fire of the Earth

will cause an awesome vapour to rise so that airplanes will not be able to fly, nor ships to sail and these vapours will obscure the Sun. There will be total darkness and life on our planet will end. I advise you, dear readers, not to move from where you are because there will be nowhere to go.

Los señores scientists ignore all these consequences provoked by their atomic explosions and experiments in the ocean. Therefore, no matter how great they may be as scientists, they are ignoramuses, savage beasts who do not care about inventing devices to destroy Humanity and themselves.

Atomic energy has contaminated the entire sea and the animals that inhabit it. It is logical that, when we eat fish or other marine animals, we contaminate our own organism. It is advisable not to consume them.

The sea, being a living body, inhales and exhales. In exhaling, it contaminates the oxygen that we breathe and all the vegetation.

This general contamination will cause alterations to human organisms and the birth of monstrous children. The entire world will be shocked.

Seen from other superior dimensions, our planet has already disappeared. What can be seen is a yellowish quagmire, as if we had put water with a bit of earth in a pot to boil. There is no sign of any species of life: plant, animal or human. Everything is dead. This just has to crystallise in the "Third Dimension" or physical world, for it to be wiped off the map, because everything comes down from above.

Scientists and intellectuals will laugh out loud like braying donkeys at what I am stating here, but when the time comes they will be the biggest cowards. They will cry, not knowing what to do or where to go.

So, what can we expect of Humanity? We expect its end. The gentlemen, who are

wrongly called scientists, are surely scientists, but destructive, not constructive ones, because they use science to destroy every living thing.

I ask los señores scientists, those who bray so loudly: What formula have you found to avoid these problems that are threatening to destroy Humanity and the planet? There is no formula; we can only await the catastrophe. Or, if you have an effective formula, can you let us know?

EXTRATERRESTRIALS

I have seen films and magazines of los señores gringos who want to obstruct sunlight with a single finger, but they are wrong. They cannot fool me, or make me believe in their senseless theories and low imaginings, as they are doing with Humanity.

Just as they are doing with Hercólubus, which is rapidly approaching the Earth, by reducing it to the point that they even dare to state its weight and dimensions, so they have done with extraterrestrials, by presenting them as being deformed like gorillas, like animals. This is a big lie, a complete falsehood, because the inhabitants of the other planets in our solar system and our galaxy are supermen and wise.

I have been in contact many times with extraterrestrials. I have been to Venus and Mars travelling consciously in my Astral Body and so I can give testimony of how marvellous their inhabitants are. I have no words to describe their wisdom, culture and the angelic life they lead.

Life on Venus

Venusians have perfect bodies, broad or wide foreheads, blue eyes, straight noses, blond hair and a remarkable intelligence. They are more or less between 1.30 m and 1.40 m tall, nobody is any taller or shorter, pot-bellied or deformed, they have angelic figures. There is perfection in both men and women, because the planet and its humanity are ascending and superior. There you do not see monsters as we do here.

They wear a wide belt covered all around with red, blue and yellow buttons that switch

on and off like a lighthouse. When they are in danger, they press a master button, something like the buckle on our belts, and just by pressing it, a circle of fire forms around them, which can disintegrate any bullet or whatever comes into contact with it.

Apart from this, I came across another weapon, the size of a cigarette packet, which fits in your hand or pocket. Just by pressing a button on this device, it can disintegrate a hill of any size and make it disappear. What would a terrestrial do with a weapon like this?

When you think of asking them a question, they answer it without having to move your lips, in whichever language it may be, because they speak all languages perfectly. They have the Gift of Tongues.

When you are speaking with a Venusian, the others carry on with their work, concentrating on what they are doing without being distracted. They are not like us who group

together to watch and criticise a person with a physical defect. I looked at myself on Venus, comparing my figure with theirs. I felt ashamed, because one looks like a gorilla. However, nobody pays any attention to this; everyone passes by unnoticed without causing any surprise. It is a unique culture.

I am now going to describe their soil, nature, their way of life and how they work.

The soil on Venus is not compact and heavy like ours, but light and soft. We imagine the rocks to be like ours, but this is not the case. There are rocks of every kind, large and small, but they have neither the weight nor the density of ours. You can lift up a rock that would weigh hundreds of kilos here, because there it weighs only a few kilos, next to nothing, since rocks are soft and light.

The trees are not enormous and the vegetation has no thorns. There is no overgrowth blocking paths in the mountains. One can go

to a mountain without it being necessary to carry a machete or a knife, because there is nothing to clear. There is no danger anywhere.

Fruit trees are even planted on the terraces of houses, in pots, with well-fertilised soil, so that they may bear fruit. Nobody picks fruit there just because they feel like it, but they wait until they are in season and fully ripe. Then they pick them with a special tool, without touching them with their hands. They are then sent through tubes into tanks full of clean whirling water, where they go through a special cleaning process. After they have been washed, they are sent through other tubes to machines where they are pulverised. From there, they are passed into another container where natural, not chemical, vitamins are added. Then they are packed air-tight and this is one of their foods.

As for the sea, I think people might imagine it like ours, but their sea is completely

blue. It is like a quiet lagoon, completely still, without any waves and the depths can be seen without using any equipment.

The fish are extremely calm. They fear no one. There are areas of the sea where Venusians feed fish with many vitamins and when they need to eat some, they select the biggest, or the ones they want, and lay out a net taking care not to harm or frighten the other fish. Then they take them out and remove their entrails.

Later, pulleys take the fish to a tank full of whirling clean water where they are treated with a special cleaning. This is all done without touching them. From there, they pass into machines from which they come out pulverised. These fish are then enriched with more natural vitamins and this is another one of their foods. The same process is used for vegetables. Nobody there eats meat of any kind.

There exist places, which we would call restaurants so that the reader understands better, where they go and sit at a table. Since all inhabitants there read thoughts, there is no need to order the food they want. Their dish arrives without needing to move their lips. They do not use expressions of gratitude and such like we do here. After eating, they get up from the table without needing to ask for the bill or how much they owe, and without saying thank you, because everybody gives thanks with a nod of the head.

The clothes shops are exactly the same. When they want to change clothes, they go into a shop and they are immediately given clothes and shoes. There they can press a button on the wall and a dark room is formed where they can change and wash, if they want to. By pressing another button, out comes a jet of water. Then, used clothes are handed in so that they can undergo special cleaning. There are no differences in clothes or footwear. They are the same for everyone.

Nobody owns a house there. When a Venusian couple wants to sleep or rest, they press a button in a house or a building and a dark room is formed. By pressing another button, a bed emerges for whoever needs it. It is not necessary to say "this is mine" or ask anyone for permission.

The streets on Venus are not like ours. The avenues move like electric escalators do here. There are never accidents of any kind, because everything is in order. The vehicles are very pretty platforms, highly decorated, and it is these that depart. They arrive at their destination and the platform descends with all the people. It is not the people who descend but the platform. And another platform ascends, already loaded with other people, ready to continue the journey. These streets move on solar energy. Solar energy is used for all machinery. They do not use oil, gasoline, or anything else that pollutes. This is why there is no pollution.

To construct houses or buildings, they do not climb heights to work, like we do here, where one has to climb to a height of several metres to work. Everyone works from the ground upwards. They first build the flat roof of the building and then, using a roller system, raise this structure and continue building the next floor. When this is finished, they lift it again with the rollers and so on, depending on the number of floors they want to build, without any risk of accident.

Venusians, both men and women, work two hours a day, each in their own profession. Money does not exist there and nobody owns anything. Everyone has the right to everything and works for everyone. There is no Mr. So and So or Lord Such and Such, because there is equality. The law is to work two hours a day, so that there exists neither hunger nor poverty.

With the powers and faculties that they have, they put Nature to work. They can

make it rain when they want, bring the Sun out or make it dark when they want. They are not under the rule of Nature like we are.

Permits do not exist. "May I have permission to go to another planet?" no. There, any Venusian may take a spaceship from the station where they are located and go wherever he wants, to another planet or another galaxy, without needing to consult anyone. There is total freedom, on condition that, when he returns, he leaves the spaceship where he found it, so that someone else can take it over. There are no frontiers, nor is there bureaucracy of any kind.

I make known that on Venus there are no families like on our planet. There are only couples there. They do not have churches or priests to marry them. They unite with their soul-mate or, as we say, their better half, the complement of every human being. There is no religion of any kind. Religion consists of mutual respect towards life and towards others.

Sexual decadence does not exist as it does here, where the people of the Earth are worse than beasts. They use what Gnosis* teaches: Scientific Chastity or the Transmutation of Energies. Thus they can prolong their life as long as they wish, because energy is one's very life. On the contrary, ejaculation of semen on our planet causes signs of ageing to be seen at an early age.

When you shake a Venusian's hand, you feel an electric shock that makes you vibrate as if you had received energy, because they are full of energy. They are not fornicators like people here. Scientific Chastity gives them this energy.

They unite sexually in order to create a child without the act of ejaculation, since the mere release of one sperm cell is sufficient to give a physical body to a soul that wishes to come and prepare itself. There is no sexual

* Gnosis (*gr.* Knowledge) = A philosophical system for the integrated psychological development of man.

degeneration as there is here, where even priests perform marriages between homosexuals, because homosexuality does not exist there. They are real men and real women. All these sexual atrocities are unknown outside our planet, because the inhabitants of other planets know how to reproduce without ejaculation.

When a child is born, it is transferred to a clinic, with every possible care, where it receives special nourishment until it reaches school age. When it is old enough to begin its preparation, it goes to a school, which is an enormous workshop, where it learns through practice, everything that is necessary. The directors of this school, in order to study the vocation that this soul brings within, teach it to handle the machinery and let it develop the ideas that it brings within itself.

When a child has an idea about making something, the professors or teachers help it develop it fully, until it makes the artefact

that it wants, and they do the same for the whole of their Humanity. Because of this, there are no ignorant people on Venus. Everyone is prepared for the material and spiritual ascent.

Life on Mars

Life on Mars is exactly like life on Venus. There is freedom in everything. Martians can travel to any corner of the planet without needing papers, passports, or anything like that and without asking anyone's permission. Wherever they go, there is accommodation, food and a change of clothes. Wherever they are on Mars, they can find everything they need because there are no frontiers, only complete freedom. It is exactly the same on all the other planets in our solar system.

Martians have a more strongly-built body than Venusians, with a more robust appear-

ance, because they belong to the Ray of Strength.

On Mars, everyone wears soldiers' uniforms with a shield, helmet and armour. All this suit of armour is made of a material similar to bronze. Martians stand out, because they are one hundred percent warriors, but not as we imagine warriors here. There are no wars among them or with other planets. Their war is against evil. They fight evil and not one another.

I make it known that on these planets nobody works using brute force as we do in our world. Nobody sweats and nobody gets tired because machines, which are all powered by solar energy, do all the work. All they do is take turns driving and handling these machines. Everything runs by means of their wisdom.

Extraterrestrials have such great powers that they are born, grow and die at will. When,

after many years, they are tired of their physical body and wish to change it, they die. The body is placed in a cavity in the wall, of exactly the right size. They close a little door, press a button and within minutes, all that remains is ashes. If the body is not totally dead, the button does not work and it is withdrawn so that it can die totally. There are no cemeteries there. The ashes are scattered around a tree or buried. Nobody cries when a person dies. Death for them is a change of dress, nothing more.

In these worlds, there is involution in neither plants, nor animals, nor Humanity, nor planets. Everything is ascending. Here, on the other hand, we are degenerating with everything including the planet, because the facts demonstrate this. There are no such plagues as flies, gnats or mosquitoes, which are harmful to one's health, and there is no threat from reptiles either.

The law on Mars and the other planets is mutual respect towards themselves, others,

life and everything. They respect each individual's will. They are not like the people of the Earth who want to take over the world using bullets and threats. Los señores gringos are very wrong with the films and the magazines which they produce.

This is why I have described Mars a little, so as to prove to these gringos that they know nothing about life in other worlds, because they continue to deny that there is life on Mars and on other planets.

I do not use telescopes or other equipment to perceive the Universe. I know how to use my inner bodies with my own will and consciousness. Gnosis has given me the keys, I have put into practice that which they taught me and the result is this: Knowing, for he who knows has Knowledge. He, who does not have Knowledge, is he who talks about that which he does not know. Nothing can be compared with Gnosis in practice. It transcends all barriers and obstacles that confront us.

Interplanetary Spaceships

Let us now talk a little about the interplanetary spaceships which scientists either ignore or discredit, thus making Humanity doubt their very existence.

All interplanetary spaceships are powered by solar energy. They are made of a material which does not exist here and is resistant to bullets and everything. They are made in one piece, with no welds, joints or rivets, and are piloted by means of buttons.

They have two horizontal tubes made of a material that does not exist on this planet. It is light, very similar to aluminium, but shinier and more resistant. These tubes run through the spaceship from front to back. Solar energy enters at the front and the burnt energy is expelled from the back in tails of fire, which the spaceships leave behind wherever they go.

They are not all round. There is a longer cigar-shaped model, which can transport hundreds of people. Thus, they do not all have the same model or size. These are the transport vehicles of the other planets.

The crews of these spaceships communicate with each other using telepathy, without the need for telephones, television or any other equipment. They have all their faculties awakened.

Any of those inhabitants of the Earth who bray so loudly, such as los señores gringos and the other powers, who believe themselves to be the only ones with knowledge: What are these poor ignorant people doing, when they are not even aware of the wonders that exist on other planets?

Extraterrestrial interplanetary spaceships are ready and prepared to come and rescue all those people who are working with the formula given in this book. They know. We

do not need to call them because they know us inside out. The rescue will take place by means of these ships, when the time comes. Very few people will accomplish this, because nobody wants to work. They can be counted on the fingers of your hands. They intellectualize everything and from the mind issue theories, where it is their very Ego that produces these theories. Here, it is actions, which are necessary. We need to begin the work we have to do once and for all.

I am telling you all this so that everyone finally learns the truth that we are not the only inhabitants of our solar system and our galaxy. We are, in fact, the most inferior of all. Those countries that consider themselves great powers and think they know everything demonstrate exactly the opposite with their actions. The atrocities they commit against themselves and others demonstrate the quality of our Humanity. They should not come and tell me their invented stories, because I know...

This is why I am writing this book, so that Humanity can see how it has been wrapped up in sheer lies and threats by los señores gringos and los señores scientists. I will always defend that which I am saying. If I have to die to uphold the truth, then I die.

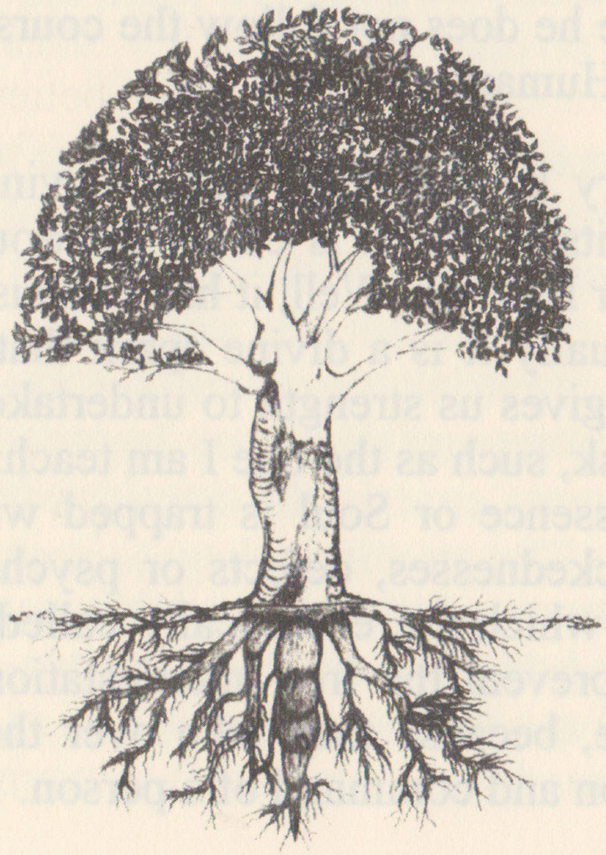
DEATH

This chapter is esoterically entitled "Death", because he, who starts to disintegrate his defects, begins to get out from inside the circle in which all of Humanity is placed. Thus, when he is invited to commit a misdeed, others say: "He is good for nothing, he is dead", because he does not follow the course of the rest of Humanity.

Every human being has a Divine Spark within itself which is called the Soul, Buddhata or Essence. Well, it has various names, but actually it is a divine spark that pushes us and gives us strength to undertake a spiritual task, such as the one I am teaching you. This Essence or Soul is trapped within all our wickednesses, defects or psychological selves, which are esoterically called "Ego". These prevent the free manifestation of the Essence, because they take over the representation and command of a person.

However, with the work of the disintegration of the defects, the Essence begins growing, gets stronger and starts to manifest itself with more clarity and more strength. It is gradually transformed into Soul.

I will give an example: This tree is supported by its main roots, which do not nourish it, but only serve to sustain it against the



winds and its own weight, so that it does not fall or break down. The very small roots spread over the surface of the ground and absorb sap to nourish it.

It is the same for the Ego within us and Humanity. The big roots sustaining the tree symbolise the cardinal defects such as lust, vengeance, anger, pride and many others. The small roots represent the details, those tiny manifestations belonging to one defect or another, which we do not believe to be defects, but are its nourishment. The Ego is fed by all these tiny details, which we have in a large quantity.

We must begin to observe ourselves, so as to see the thousands and thousands of negative details we have, which are those that sustain the trunk. This is what each person must do, if one wants to save oneself from the impending catastrophe; to start to deprive this tree of its nourishment, meaning the tiny roots. These are negative details, such

as evil thoughts, hatred, the envy one feels for other people, ambition, appropriating coins and insignificant things, telling lies, saying words full of pride, greed; in conclusion, all these things, which are basically negative, one must begin to seriously disintegrate.

There is another divine spark within us, called the Divine Mother, whose mission is to disintegrate the defects with a lance, which she possesses. No matter how tiny the detail may be, we must ask the inner DIVINE MOTHER: **"My Mother, pull this defect out of me and disintegrate it with your lance"**. She will do so, because this is her mission, to help us in this manner so that we can progressively liberate ourselves. In this way, the tree does not grow any more, instead it is gradually undernourished, it withers.

What I am teaching here is to be put into practice, into action: Wherever you go, whether you are working or whatever, you

must pay attention to your mind, your heart and your sexual centre. These are the three centres wherefrom every defect manifests itself. When an element manifests itself in any one of these three centres, the petition to the Divine Mother follows immediately, so that she can proceed with its disintegration.

Through this work of the death of the Ego, which I am indicating, you will acquire Scientific Chastity and learn to love Humanity. He who does not work upon the disintegration of the defects, can never reach Chastity and can never feel love for others either, because he does not love himself.

The disintegration of the defects and astral unfolding are the ONLY FORMULAS that exist for the rescue.

ASTRAL UNFOLDING

Dear reader:

Talking about the astral, I would like to ask you whether you have dreamt about people who died years ago, about places and people you do not know in the physical world and which people normally call dreams: "Last night I dreamt of such and such a thing". However, nobody stops to think about why they were dreaming about other places or locations when their physical body was resting in bed.

This is the Astral Plane or Fifth Dimension where neither weight nor distance exists and where the Astral Body belongs; a body exactly like the physical one, of an energic nature, which moves at great speeds, like thought, and is capable of investigating whatever it wants throughout the Universe.

In the Fifth Dimension we can move, investigate and come to know what the Angels, the Virgin and all the Hierarchies are; they move, talk and teach a Wisdom, which is not written in books and is beyond the human mind. When you want to know for yourself what people call "Occultism", there it can be known and then it ceases to be occult.

What is of interest is not to exit the physical body unconscious and asleep, but to exit consciously and move completely at will. So, my esteemed reader, if you put the exit into the Astral Plane into practice, I will give you mantras, which I have practised and, I know, give positive results. A mantra is a magic word, which allows us to exit the physical body and return to it in full consciousness.

You lie down, relax your body and pronounce these magic words three or five times verbally, and then you continue by repeating them mentally. When you feel that a current

is passing through your whole body, from your feet to your head, as if you are losing strength and a laziness overcomes you, making you not want to move, you should get up with extreme care, with no sudden movement, stand and give a little jump, so that you float at one go.

Do not let yourself be carried away by fear, surprise or too much joy when you see yourself floating in the astral body. All human beings do this and nothing has happened to them. What happens is that they leave their bodies unconsciously and do not do things at will.

All of us have our Divine Spirit, called "Father". As soon as you see yourself floating in the air, say: "My Father, take me to the Gnostic Church" or to whichever place you want to head for or learn about, and he will take you there immediately, as quick as a flash. There you will receive the teaching directly from the Hierarchies.

This is how you begin to acquire the real Wisdom, which is neither written in books, nor taught at universities nor anywhere else. May you do this every night.

Mantra **LA RA S**: This mantra is pronounced by prolonging the sound of each syllable:

Lllaaaaaaaaaaaaaaaaaaa
Rrrrrrrrrraaaaaaaaaaaa (rolling the "r")
Sssssssssssssssssssssssss (like a hiss)

Another mantra for exiting in the astral body:

FA RA ON:

Faaaaaaaaaaaaaaaaaaa
Rrrrrrrrrraaaaaaaaaaaa (rolling the "r")
Ooooooooooonnnnnnnnn

I will give you another key to awaken consciousness in superior dimensions.

Everything we see here, everything that surrounds us, the houses, the people, the cars, has a double which is the astral double. When you want to differentiate where you are, whether you are in the physical or in the astral plane, you look at your surroundings, the people, the houses, the place and you ask yourself this question: "Why am I seeing this or that?" as if it were something strange. "Am I in the astral body or in the physical body?" Then, you give a little jump with the intention of floating.

You do not need to jump a metre high; if you lift yourself only a few centimetres from the ground, you will know whether you are in the physical plane or not. If you do not float, it is because you are in the physical plane and if you float, it is because you are in the astral body. So, when you see yourself floating, you should immediately ask your Inner Father to take you to the Gnostic Church or to the place you wish to know.

Do this daily, as many times as you can during the day, at work or wherever you are, and you will see the results.

I uphold what I am writing in this book, because I know, I am certain about what I am saying, because I have explored it in depth with my astral body, which allows me to understand everything in great detail.

FINAL NOTE

I give Humanity these formulas, because whoever really wants to be saved from the forthcoming catastrophe should, once and for all, begin to disintegrate the psychological self, or in other words all our defects, which number thousands. He needs to prepare himself, so that at the moment of rescue he will be taken to a safe place, where nothing will happen to him and he can continue working on himself until he reaches Liberation. He is the one who will succeed in escaping the disaster.

Divine Justice calls this Humanity "the lost harvest", meaning there is nothing to be done. The destruction, which is coming, is going to happen, because the Gods can do nothing more for us. Therefore, nobody will surprise the Hierarchy. Everything is planned.

Dear reader: I am speaking very clearly so that you understand the need to get down to working seriously, because whoever works will escape the danger. This is not for you to make up theories, or hold discussions, but to experience the true teaching, which I am giving you in this book, since there remains nothing more to which we can resort.

I am not someone who puts fears into people; I am a human being warning of what is to come and what will happen. What I am saying to you is very serious and whoever is God-fearing gets down to working against his defects, which are those that isolate us from the Father.

I could further extend upon the esoteric part, but I do not want to take up your time; I would rather fight so that everyone realises this work, which I am teaching, because this is the path to follow and I do not want anyone to be lost.

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What I am affirming in this book
is a very short-term prophecy,
because I am certain about
the end of the planet. I know it.
I do not want to frighten you but
only warn you, because I am
in agony over this poor Humanity,
as events will not wait and there is
no time to waste on illusory things.

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